

# Beauty Sleep

YOU INVEST A  
THIRD OF YOUR  
TIME IN BED.  
HERE'S HOW  
TO MAKE THE  
PAYOFF DREAMY.  
BY RESHMA  
MEMON YAQUB



**FEATHER YOUR NEST:** Not even a princess could feel a pea while reposing on the three-piece Duxiana Dux 7007 (\$6,285). The queen-size mattress is made with 3,600 coils (the average mattress has fewer than 1,000) and unzips to let you completely customize support. Another route to a cush life is DeWoolfson Down's featherbed (\$490), made of half feathers and half down. Curl up with Pratesi's Raso Stripes 690-thread-count quilt (\$1,990), woven with the first spooning of Egyptian cotton—the thinnest, softest, and strongest threads. Scandia Down's Turiya silk-covered pillow (\$500) is filled with Siberian white goose down. For posture perfectionists, Nikken's Intelli-Rest Pillow (\$165) contains magnets that promise to promote relaxation and improve circulation.

STYLING BY KEVIN HERTZOG. OPPOSITE PAGE: HAIR AND MAKEUP BY CLORINDA VITALE AT LOOY. NYC. SOTTILETTO BED FROM THE TERENCE CONRAN SHOP. DIPTYQUE FEUILLE DE LAVANDE CANDLE. KLEINREID C-THRU PEEP VASE